SAN BENITO COUNTY PUBLIC HEALTH PRESENTS

RESOURCE POP-UP!

Stop by each week to see what <u>FREE</u> resources and services we have!



Call 831-637-5367

Monthly Program Schedule

1ST WEEK

Tobacco Education
Narcan Training/Distribution

2ND WEEK

Vaccines and COVID-19 Tests

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3RD WEEK

Car Seat Education and Check-Ups

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4TH
WEEK

Dental Health

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5TH
WEEK

CalFresh: Healthy
Eating Tips

Resource Information

ALL COMPLETELY FREE

Narcan Training

 Information on opioids, fentanyl, and overdose prevention, Narcan distribution along with training on how to administer it, and where and how to obtain it

Tobacco Education

 Quit kits, brochures and pamphlets, cessation hotlines, and education on the harms of tobacco use

Vaccines + COVID-19 Tests

 Flu vaccine, COVID-19 vaccine (free for those eligible for Vaccine For Children and Bridge Access Programs), COVID-19 at-home test kits, and resources

Car Seat Education + Check-Ups

- Education on proper installation, checks for recalls and expirations
- Must have child present, new car seats given on a case-by-case basis and while supplies last

Dental Health

 Dental screenings, referrals to providers for MediCal or uninsured, fluoride varnish for all ages

CalFresh Healthy Living

 Healthy eating and physical activity resources with information on CalFresh Food



Follow us on social media for updates & changes