

## Caregiver Services

### ADVOCACY, INC.

*The Long-Term Care Ombudsman and the Mental Health Patient's Rights Advocate Programs. Information and guidance on selecting a nursing home, residential care or board & care facility.*

5274 Scotts Valley Dr #203, Scotts Valley, CA 95066 (831) 429-1913  
[www.advocacy-inc.org](http://www.advocacy-inc.org)

### ALZHEIMER'S ASSOCIATION

*Local office of the Northern California and Northern Nevada Alzheimer's Association is available to residents of San Benito County. Offers resource information and referral, care consultations, support groups, workshops, and more. Currently offering remotely due to COVID-19.*

2 Lower Ragsdale Dr #150, Monterey, CA 93940 (831) 647-9890  
550 Water St #L-2, Santa Cruz, CA 95060 (831) 464-9982  
[www.alz.org/norcal](http://www.alz.org/norcal) (800) 272-3900 24-hr

### BRIDGE HOME HEALTH & HOSPICE

*Their skilled nurses offer a patient-centered approach to occupational therapy, PT, speech therapy, medical social services, and home health. Closest location is in Salinas, but they are now active in San Benito County.*

6 Quail Run Circle #104, Salinas, CA 93907 (831) 216-5585  
Hospice: [www.BridgeHC.com](http://www.BridgeHC.com) Health Agency: [www.BridgeHH.com](http://www.BridgeHH.com)

### CARING.COM

*Caring.com is a leading senior living referral service and the nation's top site for senior care reviews. Founded in 2007, and serving millions of website visitors today, Caring applies cutting-edge technology to a humane mission, providing relevant senior care information and support, as well as comprehensive senior living and senior care directories for the United States They have been featured by AARP and Forbes.*

<https://www.caring.com>

### CENTRAL COAST CENTER FOR INDEPENDENT LIVING (CCCIL)

*Serving people with disabilities. Information and referral, advocacy, benefits counseling, housing assistance, peer support, personal assistance services, independent living skills training. Traumatic brain injury program. English, Spanish, & ASL. Appointment required.*

Local: c/o EDD 1111 San Felipe Road #107, Hollister, CA 95023 (831) 757-2968 x 25  
Main: 318 Cayuga Street, Ste. 208 Salinas, CA 93901 (831) 757-2968  
[www.cccil.org](http://www.cccil.org)

## CENTRAL COAST VISITING NURSE ASSOCIATION (VNA) & HOSPICE

*A local charitable organization providing skilled home health care and community services to the local residents of Monterey, Salinas, King City, and Hollister.*

5 Lower Ragsdale Dr, Monterey, CA 93940

(831) 372-6668

[www.ccvna.com/hollister-hospice-care-palliative-care-need-know](http://www.ccvna.com/hollister-hospice-care-palliative-care-need-know)

## CERVANTES AT HOME BEAUTY SERVICES

*Offers a variety of services for homebound seniors and people with disabilities including haircuts, waxing, hair color, & basic facials.*

[mariacervantes123@yahoo.com](mailto:mariacervantes123@yahoo.com)

(831) 707-3706

## DEL MAR CAREGIVER RESOURCE CENTER (CRC) – HEALTH PROJECTS CENTER

*Provides services to caregivers of adults with cognitive disorders. Offers care planning, respite care, emotional support, legal and financial consultation, information and referral, educational workshops, and training. Serving San Benito, Monterey and Santa Cruz Counties.*

440 San Benito St (Epicenter), Hollister, CA 95023

(800) 624-8304 Toll-Free

[www.delmarcaregiver.org](http://www.delmarcaregiver.org)

(831) 975-5841 Direct

## ELDERCARE LOCATOR

*A public service of the U.S. Administration on Aging that offers caregiver background checks.*

[www.eldercare.acl.gov](http://www.eldercare.acl.gov)

## FAMILY CAREGIVER SUPPORT - JOVENES DE ANTAÑO (YOUTH OF YESTERYEAR)

*Dedicated to improving the welfare of older adults and people with disabilities (of all incomes and ethnicities!) in San Benito County. Offering classes, meals, transportation, and more.*

300 West St, Hollister, CA 95023

(831) 637-9275

[www.idasbc seniors.org](http://www.idasbc seniors.org)

## FAMILY SERVICE AGENCY OF THE CENTRAL COAST

*Bilingual counseling for individuals, couples and families in San Benito, Santa Cruz, and Monterey Counties. Adjusted fee scale. Medicare and Medi-Cal.*

Ageless Art	(831) 459-8917 x 208
Daisy Store: 1601 41st Ave, Capitola, CA 95010	(831) 462-3686 thrift store
I-You Venture	(831) 459-8917
Senior Outreach Program	(831) 728-9009
Toll-Free Suicide Prevention Crisis Line	(877) 663-5433
Survivors Healing Center	(831) 423-7601
WomenCARE	(831) 457-2273
Main: 104 Walnut Ave, Ste 208, Santa Cruz, CA 95060	(831) 423-9444
<a href="http://www.fsa-cc.org">www.fsa-cc.org</a>	

## PBS CAREGIVER SUPPORT REFERENCE LIST

*A Caregiver Resource list compiled by WGBH (now GBH) and hosted by PBS.*

[www.pbs.org/wgbh/caringforyourparents/handbook/caringcaregiver](http://www.pbs.org/wgbh/caringforyourparents/handbook/caringcaregiver)

## SOCIAL VOCATIONAL SERVICES

*Offering a wide range of quality, individualized programs for adults with Developmental/Intellectual disabilities including Community Inclusion, Career Exploration, Supported Employment, Supported/Independent Living, Residential, Alternative, and Transportation Services.*

581 McCray St #B-1, Hollister, CA 95023 (831) 638-2117  
[www.socialvocationalservices.org](http://www.socialvocationalservices.org)