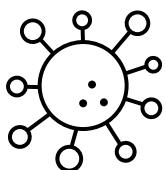


<h1>Modified Quarantine Timeline</h1>	<p><b>Modified quarantine</b> is a way for <b>masked, symptom-free, unvaccinated students</b> who were exposed to COVID-19 at school to safely keep going to school. Students can go to school in-person, but <b>they cannot go to after-school activities or childcare, even if the activities or childcare are on the school campus.</b></p> <p>Students must <b>watch for symptoms for 14 days</b> after exposure and <b>get tested twice:</b> right after exposure notification and again three days later</p>
<p><b>DAY 0: Exposure</b></p>	<p>Student exposed to COVID-19 in a K-12 school setting while both students were <b>wearing masks.</b></p>
<p><b>DAY 1 OR LATER: Notification &amp; Test 1</b></p>	<ul style="list-style-type: none"> <li>• School informs family of student who was exposed to someone with COVID-19.</li> <li>• Student must get tested as soon as possible and give result to school.</li> <li>• If student <b>does not have symptoms</b>, they can keep going to school in-person while waiting for test results, but cannot go to after-school activities or childcare.</li> </ul>
<p><b>DAYS 2-7: Go to School, but No After-School Activities or Childcare</b></p>	<ul style="list-style-type: none"> <li>• <b>Negative test and no symptoms:</b> can go to school in-person, but cannot go to after-school activities or childcare.</li> <li>• <b>Negative test and symptoms:</b> get tested again and stay home and quarantine for 10 days from date of exposure.</li> <li>• <b>Positive test and no symptoms:</b> stay home and isolate for 10 days from date of test.</li> <li>• <b>Positive test and symptoms:</b> stay home and isolate for 10 days from when symptoms started AND symptoms improve AND fever-free for 24 hours without medication.</li> <li>• <b>Not tested:</b> stay home and quarantine for 10 days from date of exposure.</li> </ul>
<p><b>DAY 5 OR LATER: Test 2</b></p>	<p>Student gets tested 3 days after the first test and give result to school.</p> <ul style="list-style-type: none"> <li>• <b>Negative test and no symptoms:</b> quarantine period ends, and student only needs to get tested again if they develop symptoms.</li> <li>• <b>Negative test and symptoms:</b> get tested again and stay home and quarantine for 10 days from date of exposure.</li> <li>• <b>Positive test and no symptoms:</b> stay home and isolate for 10 days from date of test.</li> <li>• <b>Positive test and symptoms:</b> stay home and isolate for 10 days from when symptoms started AND symptoms improve AND fever-free for 24 hours without medication.</li> <li>• <b>Not tested:</b> stay home and quarantine for 10 days from date of exposure.</li> </ul>
<p><b>DAY 7: Quarantine Ends if Tested Negative</b></p>	<p>Student can go back to after-school activities <b>on Day 8</b> if symptom-free and tests negative <b>on or after Day 5</b>. If student had a late exposure notification, one negative test is acceptable if done on or after Day 5 of their last day of exposure</p>
<p><b>DAY 11: Quarantine Ends if Not Tested &amp; No Symptoms</b></p>	<p>If student never got tested and does not develop symptoms, they can go back to in-person school, after-school activities, and childcare after staying home for 10 days.</p>
<p><b>DAY 14: Last Day to Watch for Symptoms</b></p>	<p>should watch for COVID-19 symptoms for a full 14 days after exposure. If symptoms develop, stay home from school, after-school activities and childcare and get tested.</p>



For free COVID-19 testing, contact your school or healthcare provider. Students must get tested with PCR or antigen tests (at-home tests are not accepted).

[www.sbccovid19.us](http://www.sbccovid19.us)

10/5/2021

