



10 Visiting the dentist at least twice a year is imperative for dental health.

1

Tooth enamel is the hardest part of the human body.



9 We buy 18 yards of dental floss a year. We should buy 122 yards.

9

2

One quarter of adults in the US have lost all their teeth.



8 A Middle Age custom was to kiss a donkey for toothaches.

8

3

Teeth start to form before we are born.



## COOL TRUTHS

## ABOUT THE TOOTH



7 People prefer blue toothbrushes over red.

7

4

They're called wisdom teeth because they come in when you're older and wiser.



6 Tooth decay is the second most common disease after the cold.

6

5

We produce 100,000 gallons of saliva in a lifetime which helps prevent tooth decay by moving food away from teeth.



[http://www.infobarrel.com/15\\_Facts\\_about\\_Teeth#1WWHT-R0uzHMP2qu.99](http://www.infobarrel.com/15_Facts_about_Teeth#1WWHT-R0uzHMP2qu.99)  
Oral Health for Older Americans CDC, 2006  
<http://dentistry.about.com/od/toothmouthconditions/tp/10-Common-Dental-Problems.htm>  
<http://www.webmd.com/oral-health/features/foods-stain-teeth-feature>  
<http://www.webmd.com/oral-health/diet-oral-health>  
<http://www.wisegEEK.com/what-is-the-purpose-of-saliva.htm>  
<http://www.webmd.com/oral-health/guide/tooth-sensitivity>



## San Benito County – Oral Health Resource Guide

### Medical (Denti-Cal) Dentist

#### Hollister

**San Benito Health Foundation**

351 Felice Dr  
831-637-5306  
Spanish Available

**San Felipe Dental**

Dr. Phan, Tinh T  
831-637-3800  
Not accepting new patient

**Homayon Asadi**

4 East Street  
831-634-0411

**Hollister Dental Care**

Dr. David Tran  
261 McCray St. # B  
(831)-630-0807

**Denti-Cal**

[www.smilecalifornia.org](http://www.smilecalifornia.org)  
1-800-322-6384

### Private Insurance

#### Specialty Dentists - Hollister

**Endodontist**

Karim Malek  
1710 Memorial Dr. #D  
831-634-1084

**Pedodontist**

Dr. Derek Banks  
1710 Memorial Dr. #C  
831-637-8133

**Oral Surgeons**

San Benito Oral Surgery  
890 Sunset Dr. #B1A  
831-636-9808  
Spanish available

**Orthodontists**

Wafelbakker/Anderson  
889 Sunset Dr. #B  
831-637-8261

**Orthodontist**

Richard Gallagher  
939 San Benito St.  
408-846-5887

### Private Insurance

#### General Dentists - Hollister

**Bright Smiles**

Ugar Avcikurt  
1760 Airline Highway St K  
408-572-8411

**David Christianson**

890 Sunset Drive #D2A  
831-637-7401

**Calvin Clarke**

890 Sunset Drive #A1B  
831-637-5585

**Mark Darnell**

890 Sunset Drive  
831-637-4623

**Leo Feril**

890 Sunset Drive #A1  
831-630-0969

**ProHealth Smiles**

Winifred Hsu  
930 Sunnyslope Rd. #B4  
831-635-9000

**Khoi Le**

889 Sunnyslope Rd.  
831-637-9200

**Craig Nagareda**

330 Tres Pinos Rd. #C1  
831-637-7439

**Leif Nordstrom**

930 Sunnyslope Rd #D2  
831-637-8231

## Private General Dentist (Continue)

### Hollister

#### **Tim Rauch**

930 Sunnyslope Rd.#D4  
831-637-1675

#### **Louis Rayas**

1710 Sunnyslope Dr. #B  
831-637-5882

#### **Mark Stephens**

930 Sunnyslope Dr. #B3  
831-637-4627

#### **Hollister Dental Associates**

893 Sunset Dr.  
831-586-1099

## San Benito County

### Public Health Services

#### **Oral Health Program**

Jennifer Frusetta RDH  
831-637-5367 EXT 1026

#### **Deputy Director**

Lynn Mello RN, PHA  
351 Tres Pinos Rd.  
831-637-5637

## Dental Organizations

### National and State

#### **American Dental Association**

[WWW.ada.org](http://WWW.ada.org)  
1-312-440-2500

#### **California Dental Association**

[www.cda.org](http://www.cda.org)  
1-800-232-7645

#### **California Dental Hygienist Association**

[www.cdha.org](http://www.cdha.org)  
1-916-993-9102

#### **Medi-Cal Dental**

[www.SmileCalifornia.org](http://www.SmileCalifornia.org)  
1-800-322-6384

## Surrounding County Referrals

### Federally Qualified Health Centers

#### **Gardner South Valley Health Center**

Dental Clinic - Gilroy  
7526 Monterey Rd.  
408-457-7100

#### **Foothill Dental Center**

9460 No Name Uno Rd.  
Gilroy, Ca  
408-729-9700

#### **Santa Clara Dental Services**

(Valley Health Center) Gilroy  
7475 Camino Arroyo Drive  
408-808-6102

#### **Clinica De Salud - Salinas**

Alvin Drive  
831-443-2190

#### **Salud Para La Gente - Watsonville**

204 E. Beach Street  
831-728-0222

#### **Western Dental**

Gilroy, Salinas, Watsonville  
877-959-2703





## Medical (Denti-Cal) Dentistas

### Hollister

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831-637-5306  
Español disponible

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Richard Gallagher  
939 San Benito St.  
408-846-5887

## Dentista General Privado

### Dentistas - Hollister

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#### **Calvin Clarke McCray**

890 Sunset Drive #A1B  
831-637-5585

#### **Mark Darnell**

890 Sunset Drive #D1A  
831-637-4623

## Especialista en Odontologia Privado

### Dentistas - Hollister

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831-637-5882

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831-637-4627

#### **Hollister Dental Associates**

893 Sunset Dr.  
831-586-1099

## Condado de San Benito

### [Salud Publica](#)

#### **Programa de Salud Bucal**

Jennifer Frusetta RDH  
831-637-5367 EXT 1026

#### **Deputy Director**

Lynn Mello RN, PHA  
351 Tres Pinos Rd  
831-637-5637

## Organizaciones Dentales

### [Nacionales y Estatales](#)

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1-312-440-2500

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1-916-993-9102

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1-800-322-6384

## Referencias del condado circundant

### [Centro de Salud Federal Calificado](#)

#### **Gardner South Valley Health Center**

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408-457-7100

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#17-10716