

## PHYSICIAN AND PROVIDER GUIDANCE RE: COVID-19 San Benito County Public Health Services

**PATIENTS ARE TO CONTACT BY PHONE THEIR PRIMARY CARE PHYSICIAN/PROVIDER  
PRIMARY CARE PHYSICIANS/PROVIDERS SHOULD USE THE FOLLOWING FLOW CHART FOR PATIENT CARE/TRIAGE**

PATIENT STATUS	PHYSICIAN/PROVIDER EVALUATION	PROVIDER ACTION	TESTING
<b>1. Asymptomatic</b> <ul style="list-style-type: none"><li>Known COVID exposure (ex. contact, travel, community acquired)</li></ul>	Evaluate patient status per your office policy	<ul style="list-style-type: none"><li>Instruct patient to home quarantine for 14 days</li><li>Provide quarantine instructions (see handout)</li><li>Inform patient to call primary care provider if develops symptoms</li></ul>	No testing at this time
<b>2. Symptomatic</b> (temp $\geq$ 100.4, SOB, cough, LRI) <i>*note: GI symptoms such as diarrhea, nausea, vomiting may be present early</i> <ul style="list-style-type: none"><li><u>Known</u> exposure to COVID</li></ul> <p style="text-align: center;"><b>OR</b></p> <ul style="list-style-type: none"><li><u>No</u> known exposure to COVID <u>BUT:</u><ul style="list-style-type: none"><li>co-morbidity <b>or</b></li><li>travel (any endemic area including Bay Area) <b>or</b></li><li>healthcare worker <b>or</b></li><li>first responder <b>or</b></li><li>meets none of above criteria but apply clinical judgment</li></ul></li></ul>	Evaluate patient status per your office policy	<ul style="list-style-type: none"><li>If physician/provider collecting specimen, must use appropriate PPE to obtain <b>NP</b> swab for COVID. To obtain specimen collection kit, call HHMH Lab (831-636-2631), ask for Bernadette</li></ul> <p style="text-align: center;"><b>OR</b></p> <ul style="list-style-type: none"><li>Call ED (831-636-2640) to consult with ED provider about sending patient to ED for testing.</li><li>Tell patient to call ED before arriving for testing instruction (831-636-2640).</li><li>Testing done at ED daily by appointment</li><li>Instruct patient to home isolate for 14 days</li><li>Provide Isolation instructions (see handout)</li></ul>	<ul style="list-style-type: none"><li>If physician/ provider collects specimen, send specimen to Hazel Hawkins Memorial Hospital lab</li><li>If physician/ provider NOT collecting specimen, send patient to ED for testing</li></ul>
<b>3. Severe symptoms with potential for hospital admission</b>	Evaluate patient status per your office policy	<ul style="list-style-type: none"><li>Call ED (831-636-2640) to consult with ED provider</li><li>Instruct patient to go to ED</li><li>Patient should remain in vehicle at ED parking lot and call ED so that ED staff can assess.</li></ul>	ED evaluate and test accordingly

**This provider guidance is subject to change as the situation evolves and will be updated accordingly. The guidance is meant to assist physicians and providers triage and care for their patients. For additional questions, contact SBC Public Health 831-637-5367.**