HEPATITIS A VIRUS INFECTION

Why should you care about Hepatitis A?
If a person has an infection with the Hepatitis A virus, it can easily spread from person to person and cause liver disease lasting a few weeks to a serious illness lasting many months. In some cases, people can die because of Hepatitis A.

How does Hepatitis A spread?
- Touching objects or eating food that someone with Hepatitis A infection handled.
- Having sex with someone who has Hepatitis A infection.

What are the symptoms of Hepatitis A?

- Fever
- Fatigue
- Nausea
- Loss of appetite
- Jaundice (yellowing of the skin or eyes)
- Stomach pain
- Vomiting
- Dark urine, pale stools, and diarrhea

If you have these symptoms, see your doctor or visit the closest Emergency Room.

How can you prevent Hepatitis A?
- Get two shots of the Hepatitis A vaccine.
- Don’t have sex with someone who has Hepatitis A infection.
- Use your own towels, toothbrushes, and eating utensils.
- Don’t share food, drinks, or smokes with other people.
- Always wash your hands with soap and water after going to the bathroom and before preparing food.

For more information:
Contact your health care provider or contact
San Benito County Public Health Services
439 Fourth Street, Hollister CA 95023
831-637-5367